



Publications (Peer-Reviewed)

1. Pharris, A. B., Munoz, R. T., & Hellman, C. M. (In Press). Case workers as a source of hope leading to perceptions of academic success for transitional age foster youth. *Child & Family Social Work*.
2. Pharris, A. B., Munoz, R. T., Kratz, J., & Hellman, C. M. (In Press). Hope as a buffer to suicide attempts among adolescents with depression. *Journal of School Health*.
3. Hellman, C. M., Pharris, A. B., & Munoz, R. T. (In Press). Responding to Adverse Childhood Experiences: The science of hope as a framework for action. *Advances in Social Work*.
4. Duncan, A. R., Bell, S. E., & Hellman, C. M. (In Press). Brief hope building intervention for adults actively experiencing homelessness: Effect of participation on life, and perceived standing in society. *Journal of Social Distress and Homelessness*.
5. Pharris, A. B., Miller-Cribbs, J., Goodwin, B. G., Bragg, J. E., & Hellman, C. M. (2022). A simulation training to prepare camp counselors with Camp HOPE America. *Journal of Youth Development*, 17, 141-163.
6. Duncan, A. R., Bell, S. E., & Hellman, C. M. (2022). Intersections of perceived stress, burnout, dispositional hope, intellectual humility, locus of control, and lifestyle factors in undergraduate medical education. *Current Psychology*.
7. Pharris, A. B., Munoz, R. T., & Hellman, C. M. (2022). Hope and resilience as protective factors linked to lower burnout among child welfare workers. *Children and Youth Services Review*, 136, 1-9.
8. Duncan, A. R., Bell, S. E., Salvatore, A. L., & Hellman, C. M. (2022). Psychosocial factors associated with dispositional hope, agency thinking, and pathways thinking in a homeless adult population. *Journal of Community Psychology* 50, 3196-3209.
9. Munoz, R. T., Pharris, A. B., & Hellman, C. M. (2022). A linear model of adverse childhood experiences (ACEs) as drivers of lower hope mediated by lower attachment security in an adult sample. *Journal of Family Violence*, 37, 671-679.
10. Hellman, C. M., Gwinn, C., Strack, G., Burke, M., Munoz, R. T., Brady, S. R., Aguirre, N., & Aceves, Y. (2021). Nurturing hope and well-being among survivors of domestic violence within the family justice center model. *Violence and Victims*, 36, 651-666.
11. Muñoz, R.T., & Hanks, H. (2021). A structural model of adverse childhood experiences as antecedents of rumination leading to lower hope. *Journal of Interpersonal Violence*, 36, 9790-9807.
12. Wayant, C., Manquen, J., Wendelbo, H., Kerr, N., Crow, M., Goodell, J., Tricco, A. C., Mack, J. W., Hellman, C. M., & Vassar, M. (2021). Identification of evidence for key positive psychological constructs in pediatric and adolescent/young adult patients with cancer: A scoping review. *Journal of Adolescent and Young Adult Oncology*, 247-259.

13. McIntosh, H. C., Kezbers, K., Nichols, R., & Hellman, C. M. (2021). Mindfulness-Based stress reduction and hope in women participating in alternative sentencing programs. *Research in Social Work Practice, 31*, 469-475.
14. Duncan, A. R., Jaini, P. A., & Hellman, C. M. (2021). Positive psychology and hope as lifestyle medicine modalities in the therapeutic encounter: A narrative review. *American Journal of Lifestyle Medicine, 6*-13.
15. Hellman, C. M., Gwinn, C., & Strack, G. (2021). Survivors' voices on law reform. *Domestic Violence Report: Law, Prevention, Protection, Enforcement, Treatment, Health, 26*, 28-31.
16. Duncan, A. R., & Hellman, C. M. (2020). The potential protective effect of hope on students' experience of perceived stress and burnout during medical school. *The Permanente Journal, 24*, 77-83.
17. Passmore, S., Hemming, E., McIntosh, H., Hellman, C. M. (2020). The relationship between hope, meaning in work, secondary traumatic stress and burnout among child abuse pediatric clinicians. *The Permanente Journal, 24*, 29-34.
18. Muñoz, R.T., & Hanks, H., & Hellman, C. M. (2020). Hope and resilience as distinct contributors to psychological flourishing among childhood trauma survivors. *Traumatology, 26*, 177-184.
19. Munoz, R. T., Hanks, H., Brahm, N. C., Miller, C. R., McLeod, D. & Fox, M. D. (2019). Adverse childhood experiences and trust in the medical profession among young adults. *Journal of Health Care for the Poor & Underserved, 30*, 238-248.
20. Munoz, R. T., Quinton, K. A., Worley, J. A., & Hellman, C. M. (2019). Locus of hope: External hope in parents/guardians as an antecedent of adolescents' internal hope and life satisfaction. *Child Indicators Research, 12*, 1107-1124.
21. Sulimani-Aidan, Y., Melkman, E., & Hellman, C. M. (2019). Nurturing the hope of youth in care: The contribution of mentoring. *American Journal of Orthopsychiatry, 89*, 134-143.
22. Gwinn, C., & Hellman, C. M. (2018). *Hope rising: How the science of hope can change your life*. New York, NY: Morgan James Publishing.
23. Munoz, R. T., Pearson, L. C., Hellman, C. M., McIntosh, H. C., Khojasteh, J., & Fox, M. D. (2018). Adverse childhood experiences and posttraumatic stress as an antecedent of anxiety and lower hope. *Traumatology, 24*, 209-218.
24. Hellman, C. M., Munoz, R. T., Worley, J. A., Feeley, J. A., & Gillert, J. E. (2018). A reliability generalization on the Children's Hope Scale. *Child Indicators Research, 11*, 1193-1200.
25. Hellman, C. M., Robinson-Keilig, R. A., Dubriwny, N. M., Hamill, C., & Kraft, A. (2018). Hope as a coping resource for parents at-risk for child maltreatment. *Journal of Family Social Work, 21*, 365-380.
26. Hellman, C. M., Worley, J. A., & Munoz, R. T. (2018). Hope as a coping resource for caregiver well-being. In W. A. Bailey and A. W. Harris (Eds.). *Family Caregiving: Fostering Resilience Across the Life Course*. Springer.
27. Munoz, R.T., Hoppes, S., Hellman, C.M., Brunk, K.L., Bragg, J.E., & Cummins, C. (2018). The effects of mindfulness meditation on hope and stress. *Research on Social Work Practice, 28*, 696-707.

28. Bragg, J. E., Miller-Cribbs, J., Gordon, J., Gaudet, J., Hellman, C. M., & Munoz, R. T. (2017). Increasing self-efficacy and building hope through simulation-based education. *International Journal of Arts & Sciences, 10*, 549-558.
29. Muñoz, R.T. Brady, S., & Brown, V. (2017). The psychology of resilience: A model of the relationship of locus of control to hope among survivors of intimate partner violence. *Traumatology, 23*(1), 102-111.
30. Munoz, R.T., Hellman, C. M., & Brunk, K. (2017). The relationship between hope and life satisfaction among survivors of intimate partner violence: The enhancing effect of self-efficacy. *Applied Research in Quality of Life, 12*, 981-995.
31. Baxter, M. A., Hemming, E. J., McIntosh, H. C., & Hellman, C. M. (2017). Exploring the relationship between adverse childhood experiences and hope. *The Journal of Child Sexual Abuse, 26*, 948-956.
32. Fry-Grier, L., & Hellman, C. M. (2017). School aged children of incarcerated parents: The effects of alternative criminal sentencing. *Child Indicators Research, 10*, 859-879.
33. Hellman, C. M. & Gwinn, C. (2017). Children exposed to domestic violence: Examining the effects of Camp HOPE on children's hope, resilience, and strength of character. *Child and Adolescent Social Work Journal, 34*, 269-276.
34. Olinske, J. L., & Hellman, C. M. (2017). Leadership in the human service nonprofit organization: The influence of board of directors on executive director well-being and burnout. *Human Service Organizations: Management, Leadership, and Governance, 41*, 95-105.
35. Muñoz, R.T., Hellman, C. M., Buster, B., Robbins, A., Carroll, C. Kabbani, M., Cassody, L., Brahm, N., & Fox, M. (2016). Life satisfaction, hope, and positive emotions as antecedents of health-related quality of life among homeless individuals. *International Journal of Applied Positive Psychology, 1*, 69-89.
36. Munoz, T. R., Bull, L., Sheth, D., Gower, S., Engstrom, E., Brunk, K., Hellman, C. M., Fox, M. (2014). The predictive power of Adverse Childhood Experiences on Trust in the Medical Profession among residents of a public housing facility. *Annals of Community Medicine and Practice, 1*, 995-1002.
37. Hellman, C. M., Pittman, M. K., & Munoz, R. T. (2013). The first twenty years of the will and the ways: An examination of score reliability distribution on Snyder's Dispositional Hope Scale. *Journal of Happiness Studies, 14*, 723-729.
38. Hoppes, S. Bryce, H., Hellman, C. M., & Finlay, E. (2012). The effects of brief mindfulness training on caregivers' well-being. *Activities, Adaptation, & Aging, 36*, 147-166.